

Urn Placement Reflection Worksheet

This worksheet is designed to help you think through options for cremated remains with clarity and compassion. There are no right or wrong answers. The goal is simply to reduce uncertainty and provide guidance for the people who love you—or for families caring for generational cremains.

Who is this reflection for?

Myself (pre-planning)

A loved one who has died

Generational cremains in my care

What do these remains represent to you?

- Sacred human remains
- A source of comfort and remembrance
- Something I feel uncertain or overwhelmed about
- Other:
- A symbolic connection to the person
- A responsibility passed to me

Which of the following considerations matter most in this decision?

Rate each from 1 (not important) to 5 (very important).

- | | | | | | |
|--|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Availability of options in my area | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| Ecological impact / sustainability | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| Emotional comfort (fears, peace of mind) | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| Family traditions or expectations | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| Financial considerations / value | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| Practical ease for loved ones | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| Religious / spiritual guidance | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| Personal values or identity | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |

Are there any values you want reflected that are not listed above?

From the considerations that you ranked highly, are there any mandatory requirements that come to mind that you want to make sure are honored?

What would bring you and your loved ones peace?

If this decision were already made, what would you hope it provided?

- Relief
- A sense of completion
- Simplicity for loved ones
- A place to visit
- A way to stay connected
- Alignment with values

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Preferred Final Resting Place or ideas that are meaningful to you.

For Ideas and options, visit <https://tee-rogers.com/Urn-Placement-Guide>

If choosing a placement or scattering in nature without the guidance of a deathcare professional, here are some things to consider: Do you have the required permission or permit, if required? Is the location environmentally appropriate? Have you considered a Cenotaph or memorial to provide permanence and a place to visit? How will family experience this space?

Urgency and Timeframe for the cremated remains to be in their final resting place

- as soon after the ceremony as possible.
- It is okay for there to be a temporary stay at home or with loved ones
 - Length of time I am comfortable with: _____
- It is okay for the urn to remain with loved ones indefinitely, and my wishes here will give guidance as to what will happen in generations to come when the ashes can no longer be kept.

Next Gentle Steps

- Talk with family or loved ones
- Visit a cemetery or memorial site
- Speak with a deathcare professional
- Research local regulations
- Other:

If you have questions or would like to speak with someone about options you can reach out to your local funeral home to speak with a pre-planning professional.

Are you in Central Florida? I would be honored to assist or answer questions.



LinkedIn

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See full article at <https://tee-rogers.com/Urn-Placement-Guide>